

The Dilemma and Outlet of Modern Medicine and a Case of Asthma Successfully Cured with Herbs

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Abstract

At present, modern medicine is faced with the dilemma that a large number of diseases can't be cured and the treatment cost is expensive. Based on the author's research and experience, this paper discusses the solutions and outlets. Asthma is a serious and potentially fatal disease; this paper introduces a case that the author successfully cured it with herbs.

Keywords: Modern medicine; Traditional Chinese medicine; Herbs; Meridians; Acupoints; Asthma; Ephedra

Humans will get sick, and the types of diseases are very numerous and complex. The history of human research and treatment of diseases is also very long. Different medicine has been formed in different areas, and they have different understandings of human body and take different treatment methods for diseases. Among them, the medicine in Europe has developed by leaps and bounds with the help of the progress of modern science and technology in recent centuries, and has spread to all countries in the world, becoming the world medicine and mainstream medicine, now it is also called modern medicine. While the medicine in other regions still exists in some areas, and is called traditional medicine, complementary medicine or alternative medicine.

Modern medicine's research and understanding of the human body has been very thorough and meticulous, reaching the molecular level, but the diseases that modern medicine can really cure are relatively few, and most of human diseases are still difficult to cure by modern medicine. This is a dilemma that modern medicine is currently facing. And at the same time, modern medicine is also facing another dilemma, that is, increasingly expensive medical expenses, which are a heavy burden for individuals, society and the government. So, what is the solution and way out?

Since childhood, the author was weak and prone to illness. At the age of twelve, he began to suffer from rheumatism, and every time he got sick, he had to be treated for one or two months before he could recover. Later, he suffered from unexplained fever, gastritis, gastroptosis and asthma, which are difficult to cure with modern medicine. So, the author pinned his hopes on traditional Chinese medicine, but after looking for many traditional Chinese medicine doctors to treat him, the author was disappointed again, because it didn't have a good effect either.

Fortunately, the author is good at science and likes research, so he has embarked on the road of studying traditional Chinese medicine since he was eighteen, because the author intuitively felt that traditional Chinese medicine is a potential medicine. Traditional Chinese medicine has many unique understandings of human body that modern medicine does not have, and it also has unique treatments for diseases. The later results proved that the author's judgment is correct, because these diseases of the author have been cured one after another. Asthma is cured with herbs, while other diseases are cured by massaging meridians and acupoints.

There are some herbs for treating asthma and cough in traditional Chinese medicine, but because traditional Chinese medicine doesn't completely distinguish asthma and cough in theory, it doesn't distinguish herbs for treating asthma and cough. Instead, they are collectively referred to as medicines for treating asthma and cough. While In fact, asthma and cough are two diseases with completely opposite mechanisms, and anti-asthma drugs and anti-cough drugs are also two drugs with completely opposite effects, but traditional Chinese medicine often uses them at the same time clinically. Because the effects cancel each other out, the therapeutic effect is not good. And the author found out the herb which has the effect of treating asthma through his own experiments, this herb is ephedra. The author boiled 10 grams of ephedra with water, and drank it after cooling. Twice a day, he cured his asthma in only two days, and it never recurred for more than 30 years.

Asthma is a very serious and potentially fatal disease. It is said that there are 300 million patients all over the world. Author hope his experience can bring them good news.

Meridians and acupoints are the unique understanding of the

human body in traditional Chinese medicine, and acupuncture and massage are also the unique treatment methods in traditional Chinese medicine. Traditional Chinese medicine believes that the human body has some vertical lines, and there are some points on these lines, which can be stimulated by acupuncture and massage to treat diseases. They are called Jingluo and Shuxue in Chinese and meridians and acupoints in English. However, traditional Chinese medicine is not very clear about the function on human body and therapeutic principle of these lines and points, and the discussion is vague, so the therapeutic effect of using them is generally not very good. Through more than 30 years' personal experiments, the author has made some new discoveries about the functions on the human body and therapeutic principles of these lines and points, so he can use them to cure some of his own diseases.

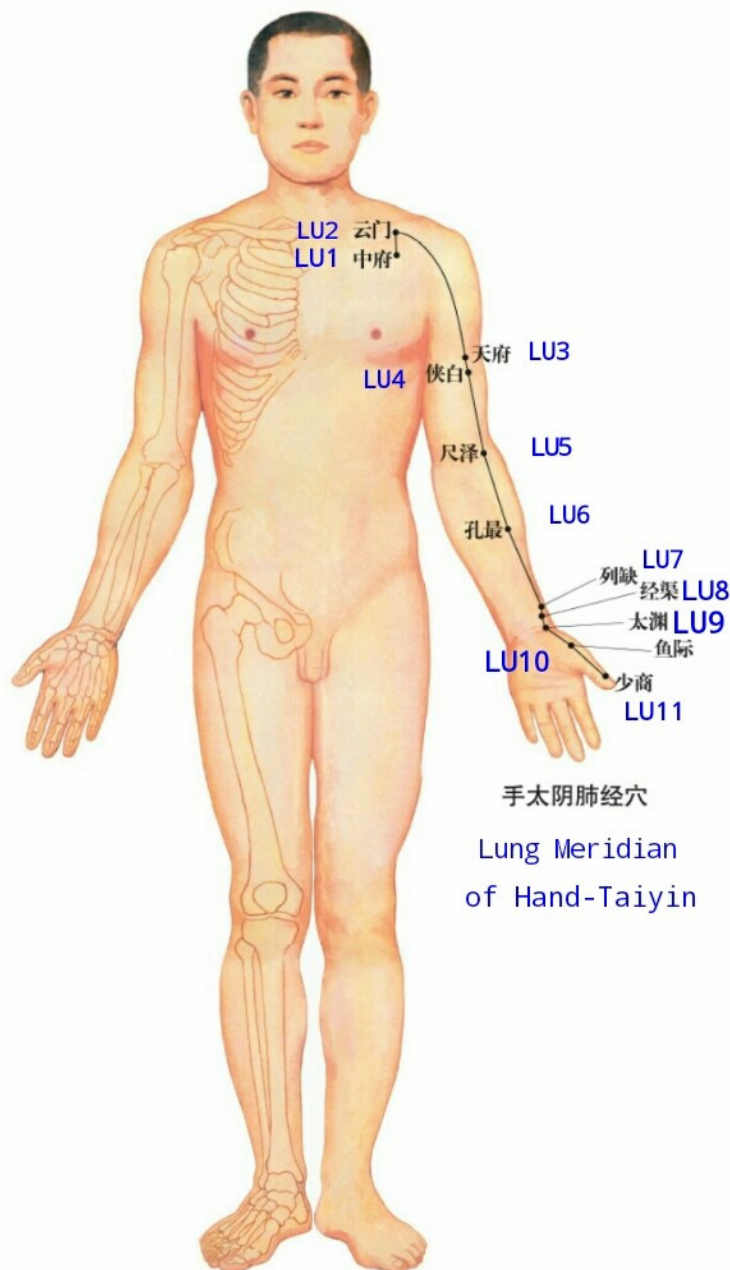
The author's new discoveries about the functions and therapeutic principles of meridians and acupoints have been published through the paper "Opening up a New Field of Modern Medi-

cal Research" [1,2] and the book "The Previously Unknown Secrets of the Human Body" [3].

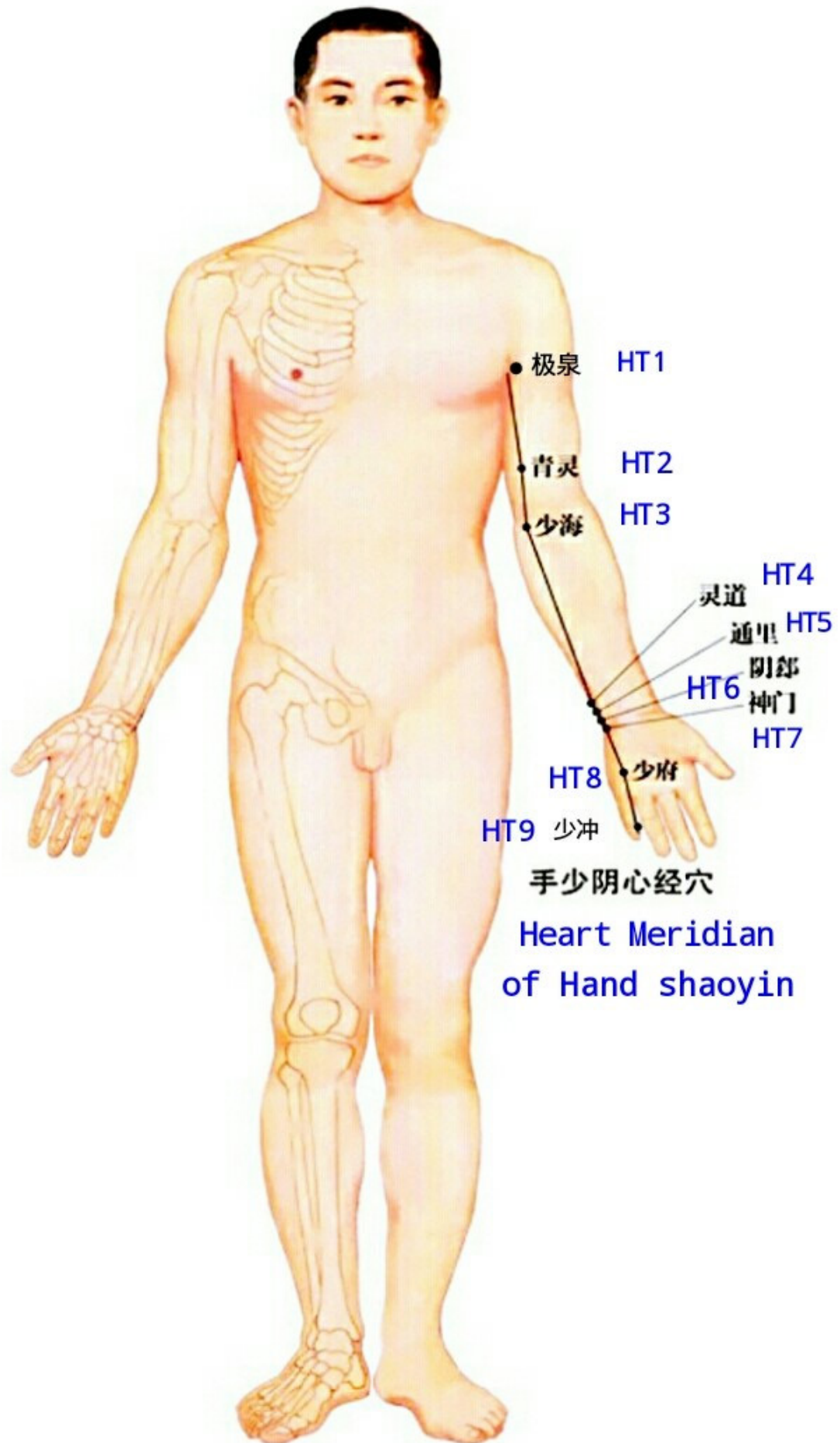
From the above, we can see the importance of traditional Chinese medicine, which is the way to solve the dilemma faced by modern medicine at present. In 2015, Ms. Tu Youyou won the Nobel Prize in Medicine for discovering that artemisinin can treat malaria, she was also inspired by the experience of traditional Chinese medicine.

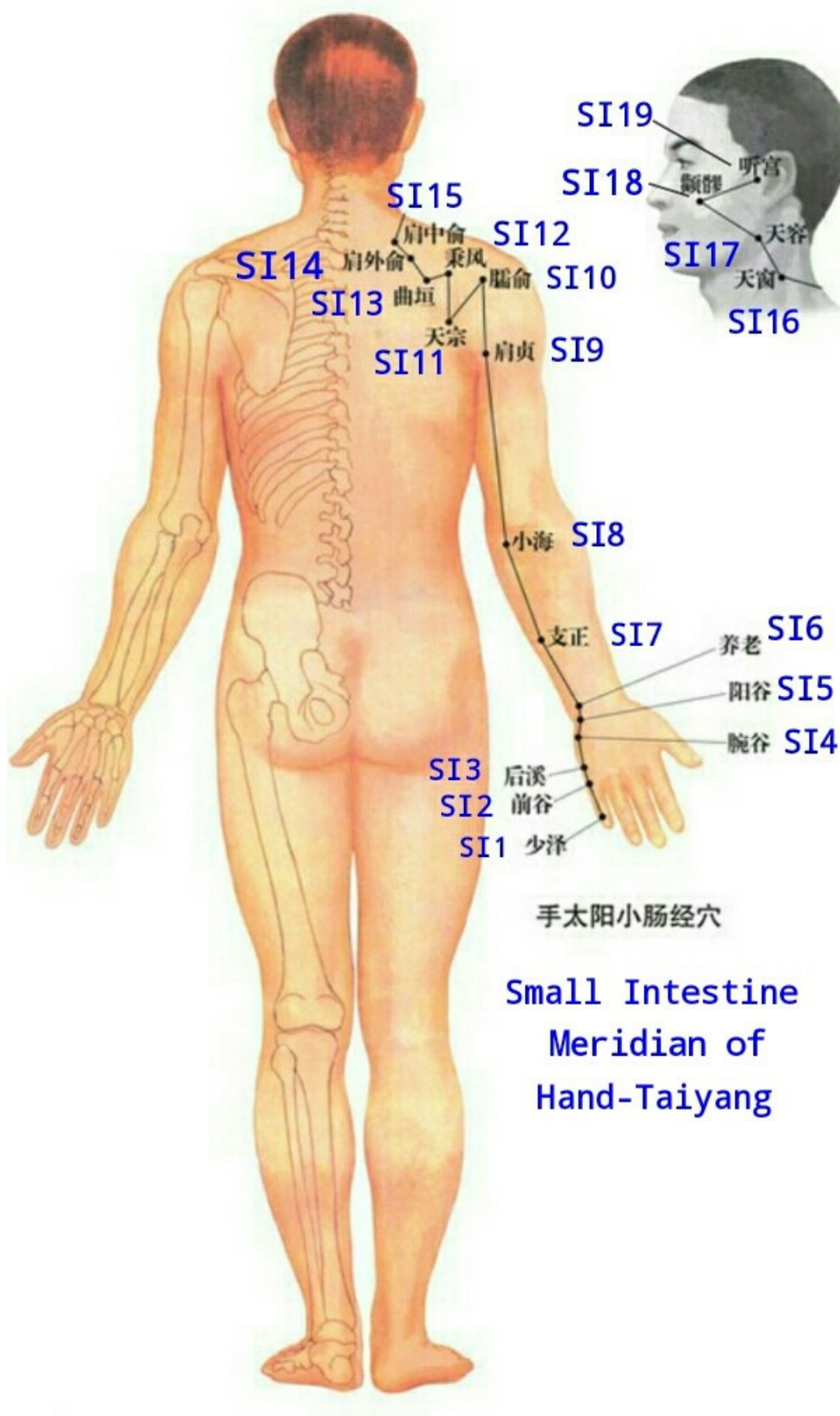
The author mainly studies meridians and acupoints. According to the author's research and experience, as long as we make clear the functions on human body and treatment principles of meridians and acupoints, a large number of diseases of human body can be treated with them, and the method is simple and the cost is low.

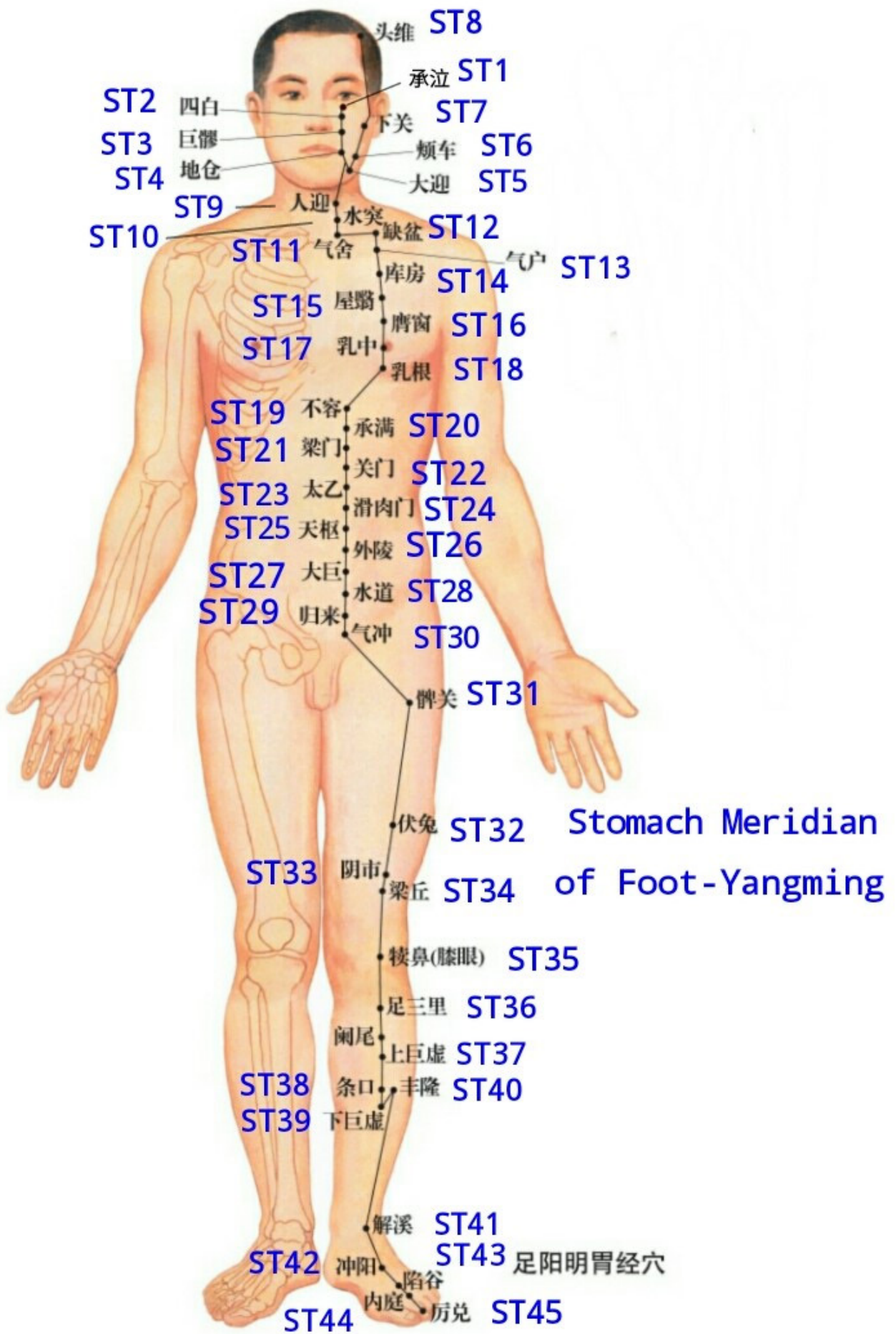
The following is the distribution map of main meridians and acupoints of human body after the author's correction.

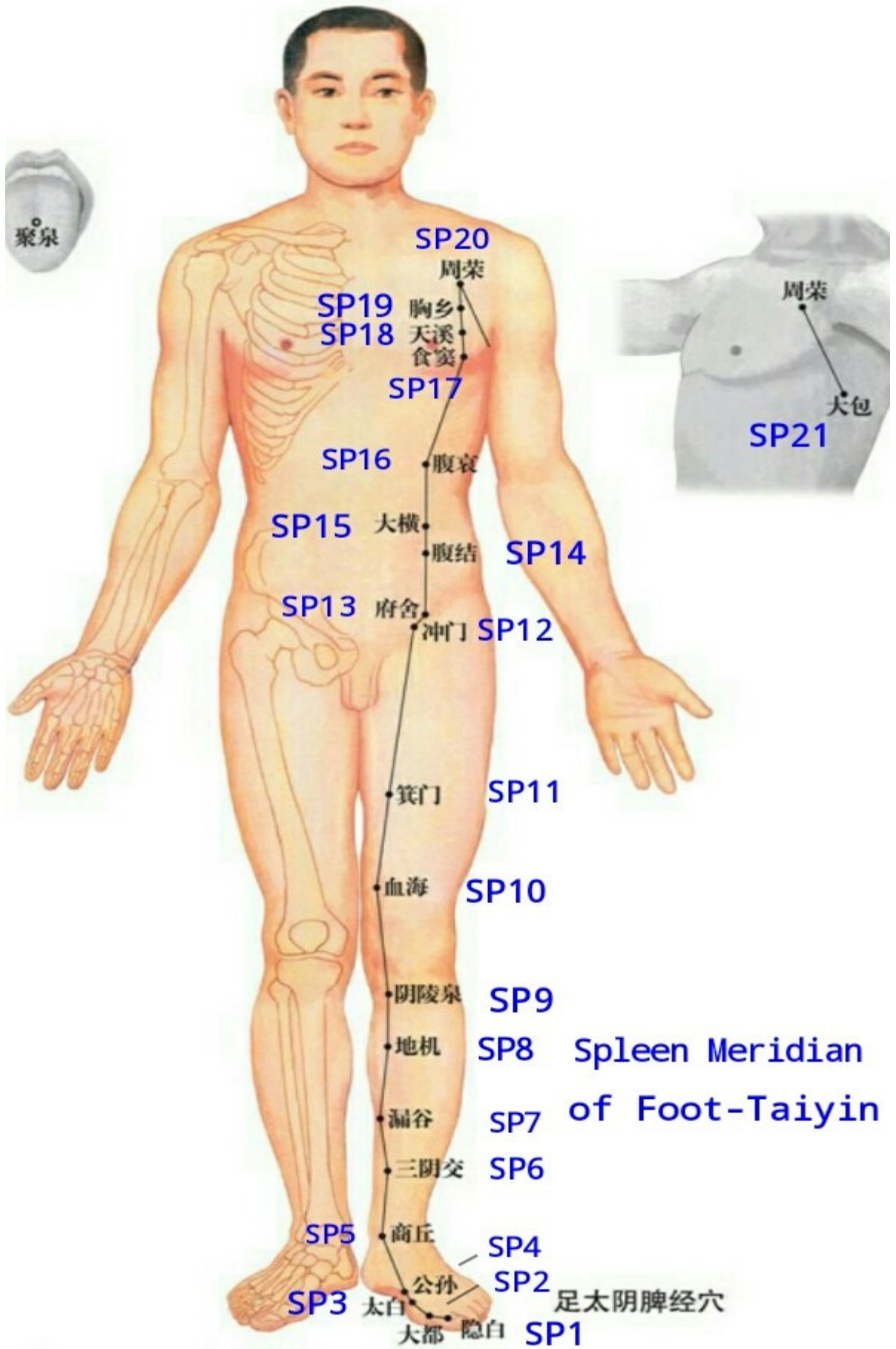




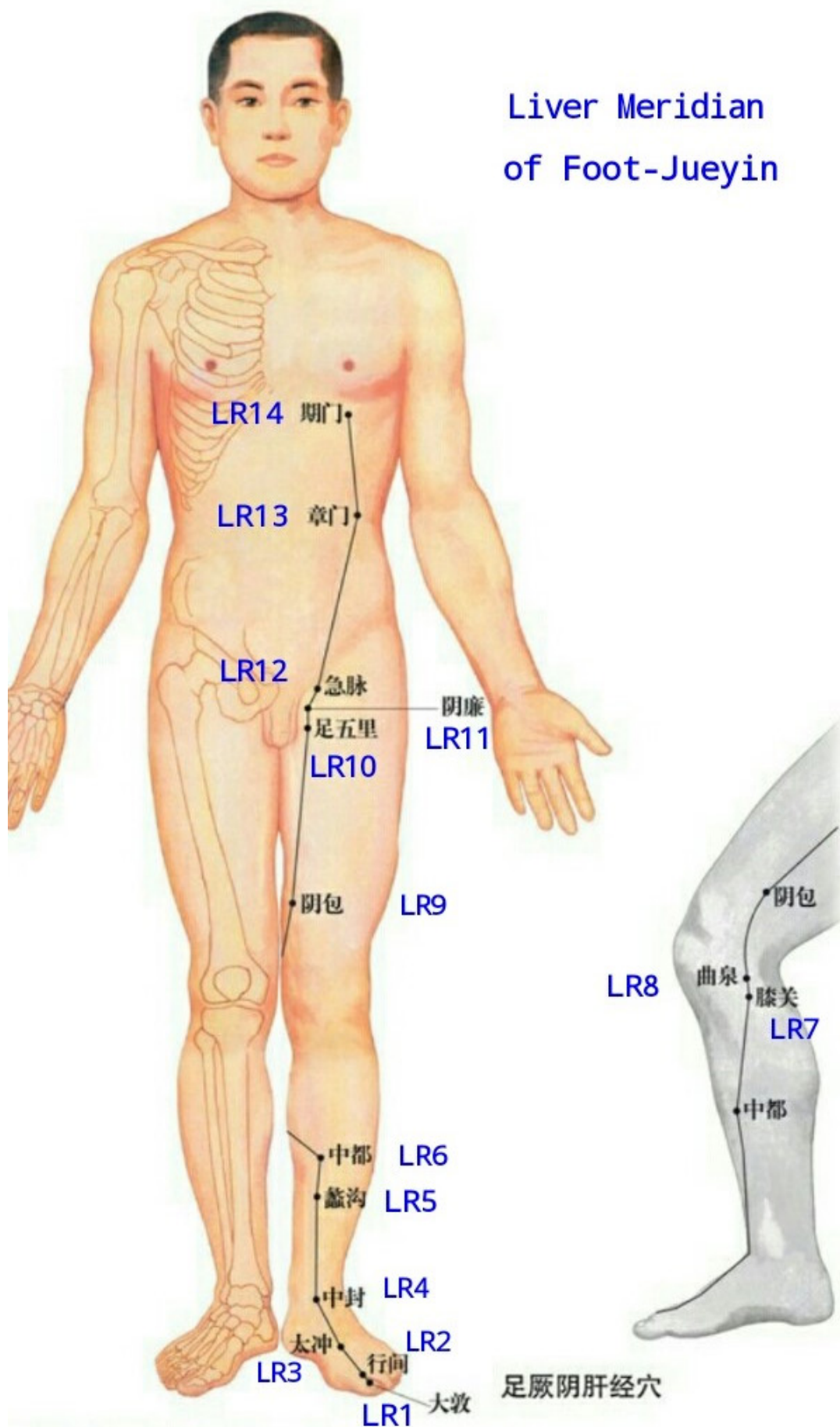


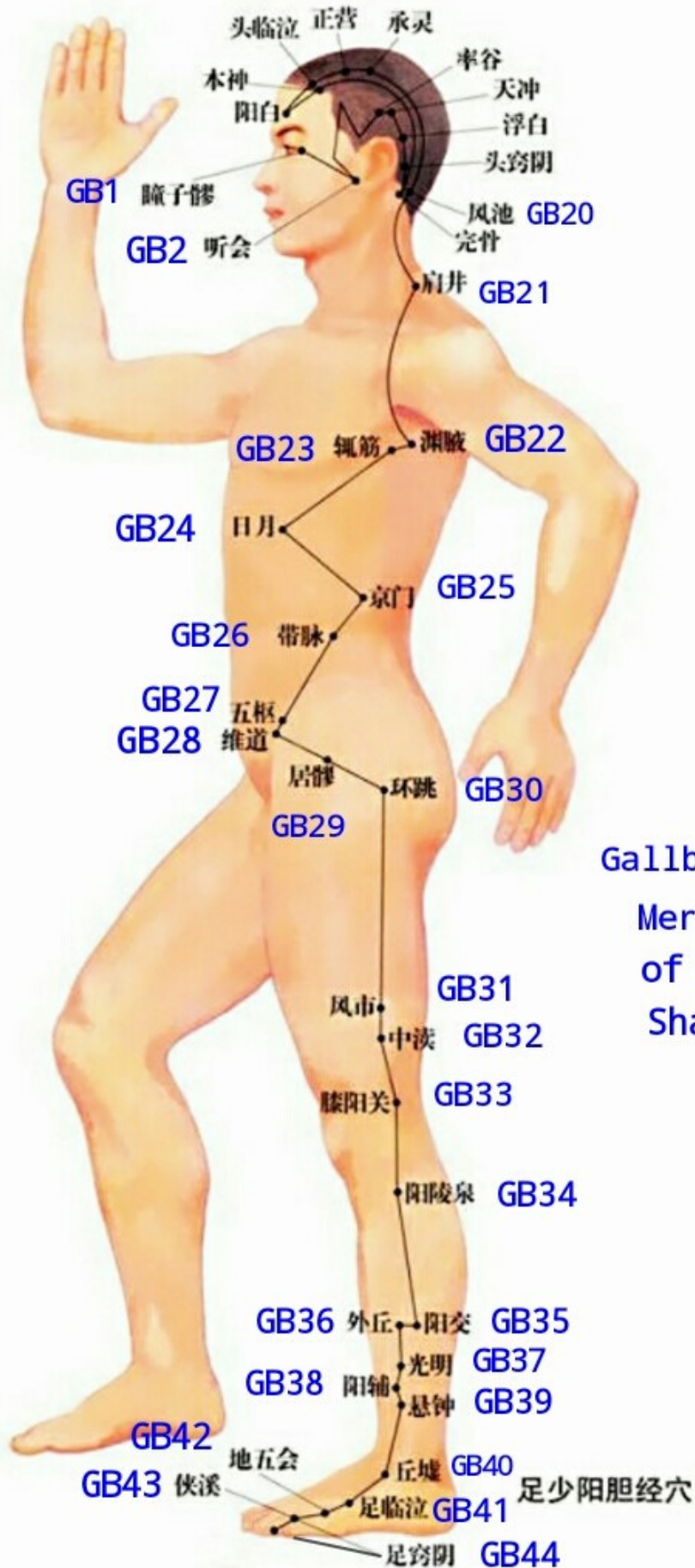






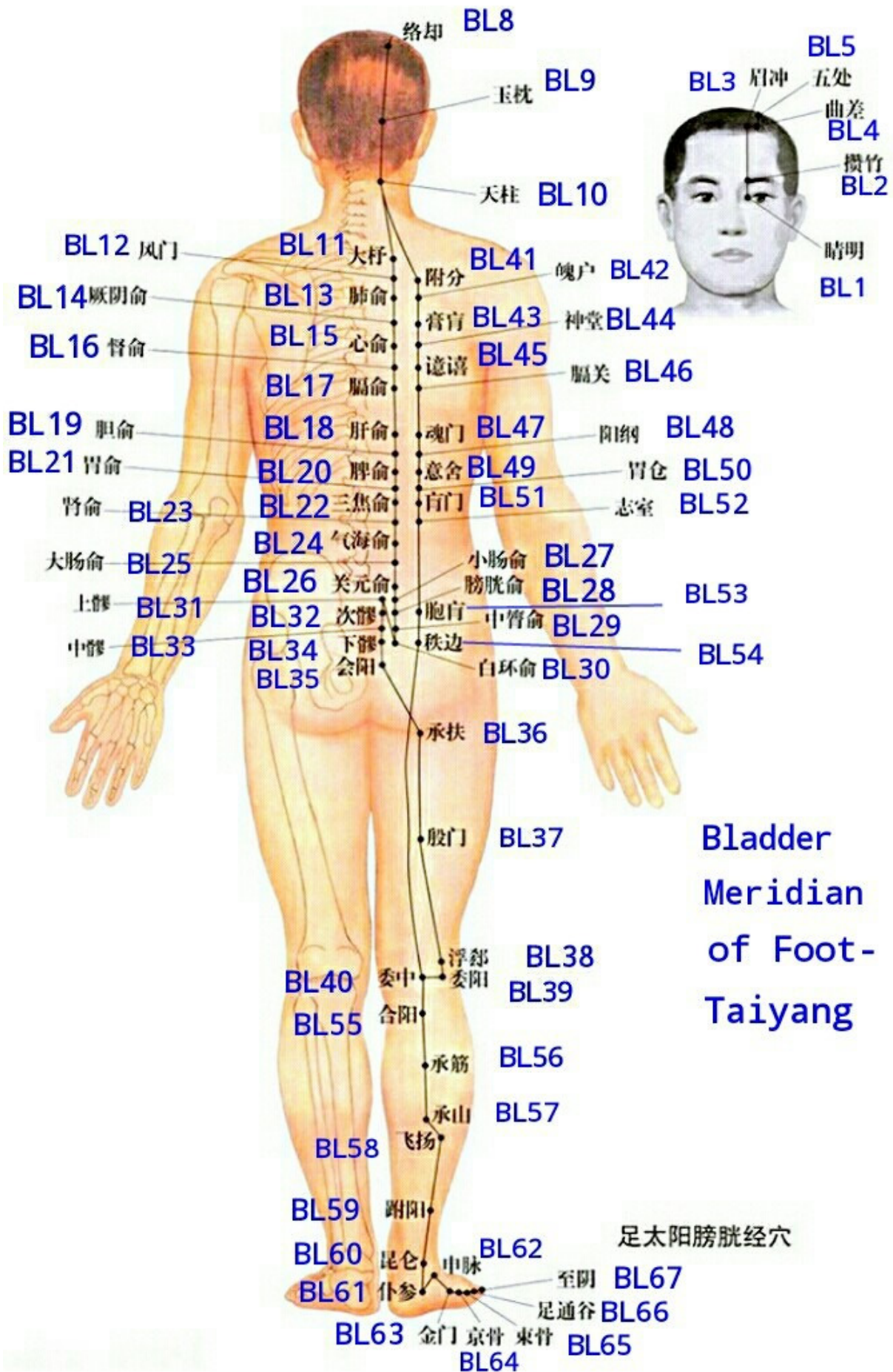
Liver Meridian of Foot-Jueyin

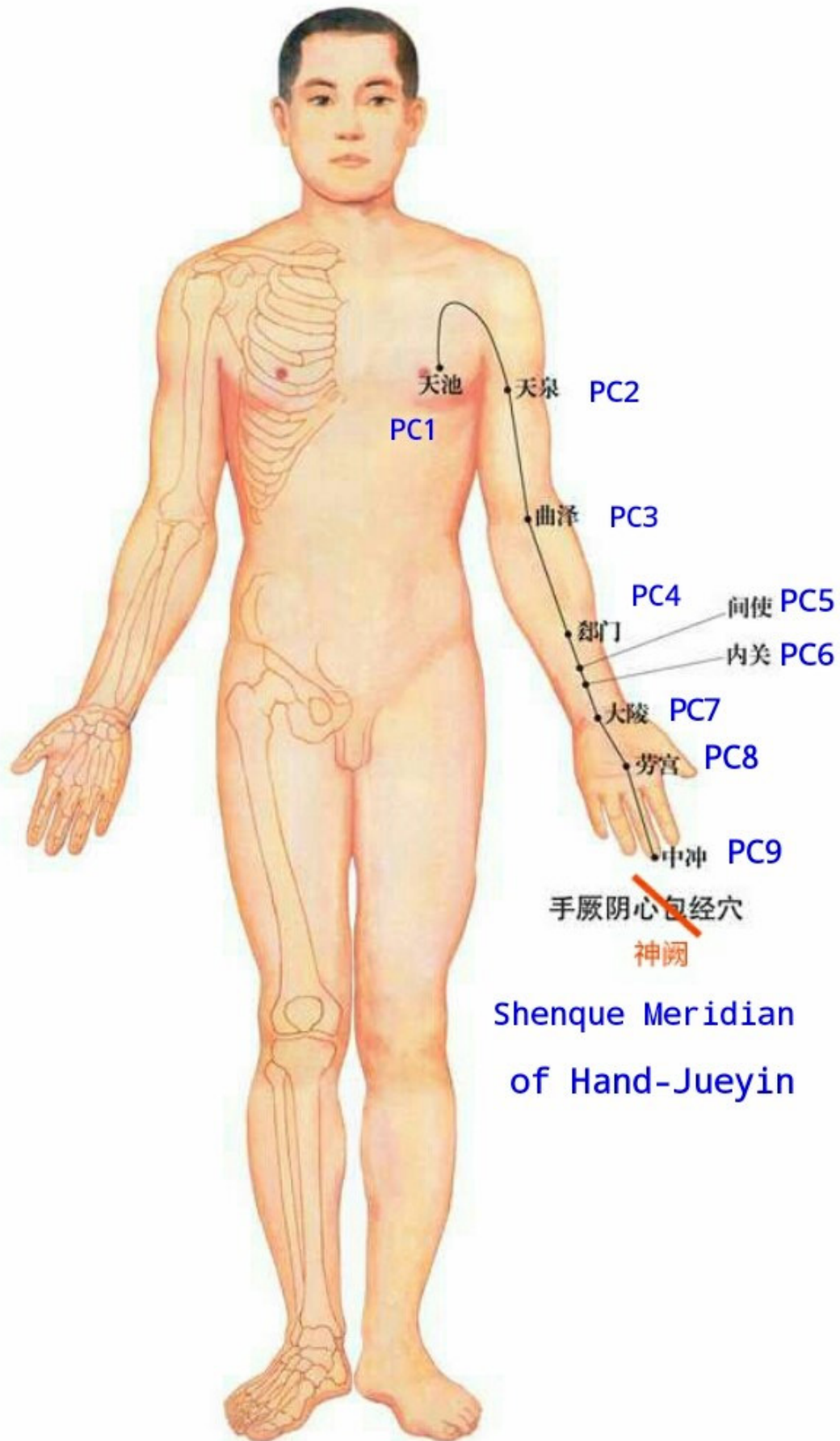


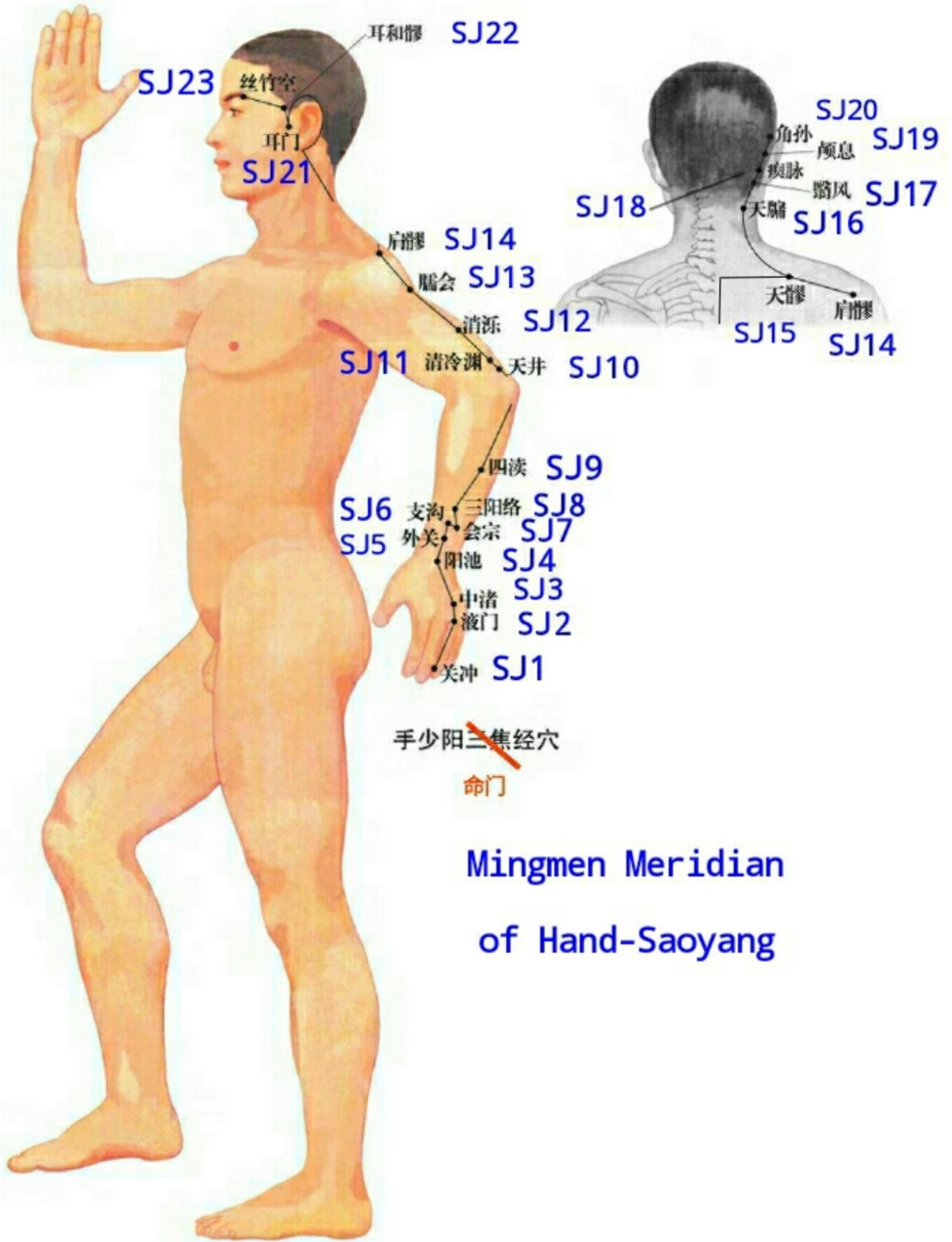


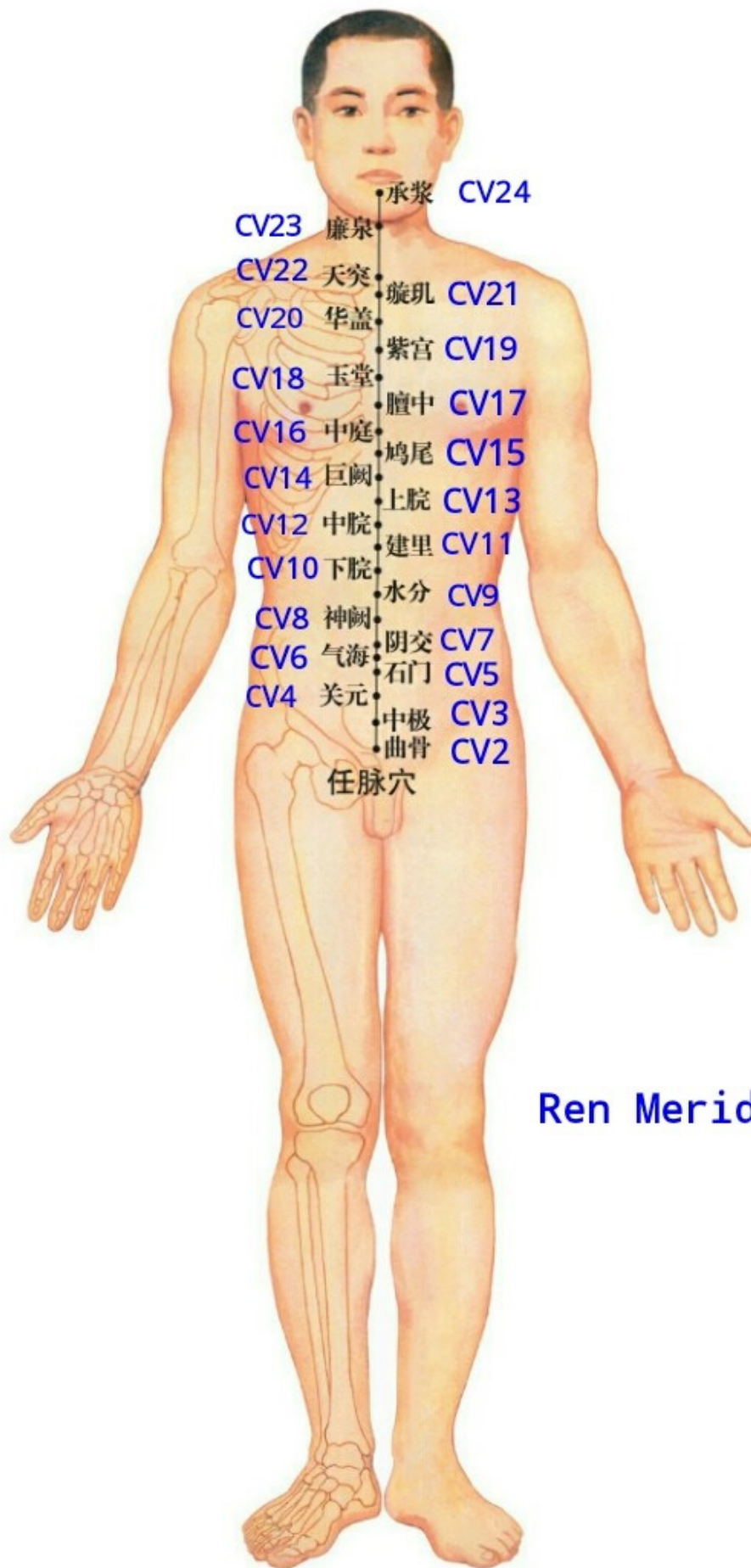
Gallbladder Meridian of Foot-Shaoyang



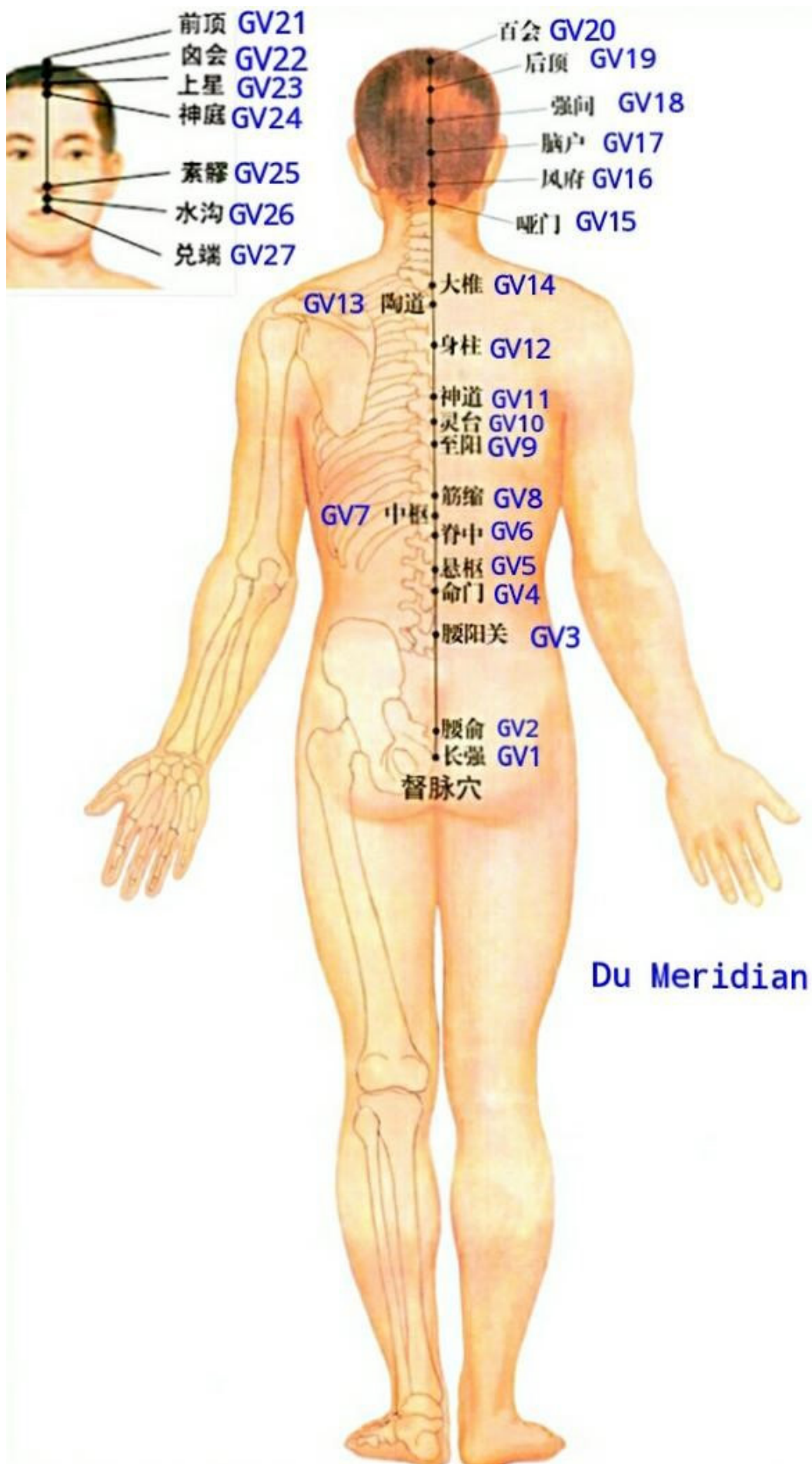


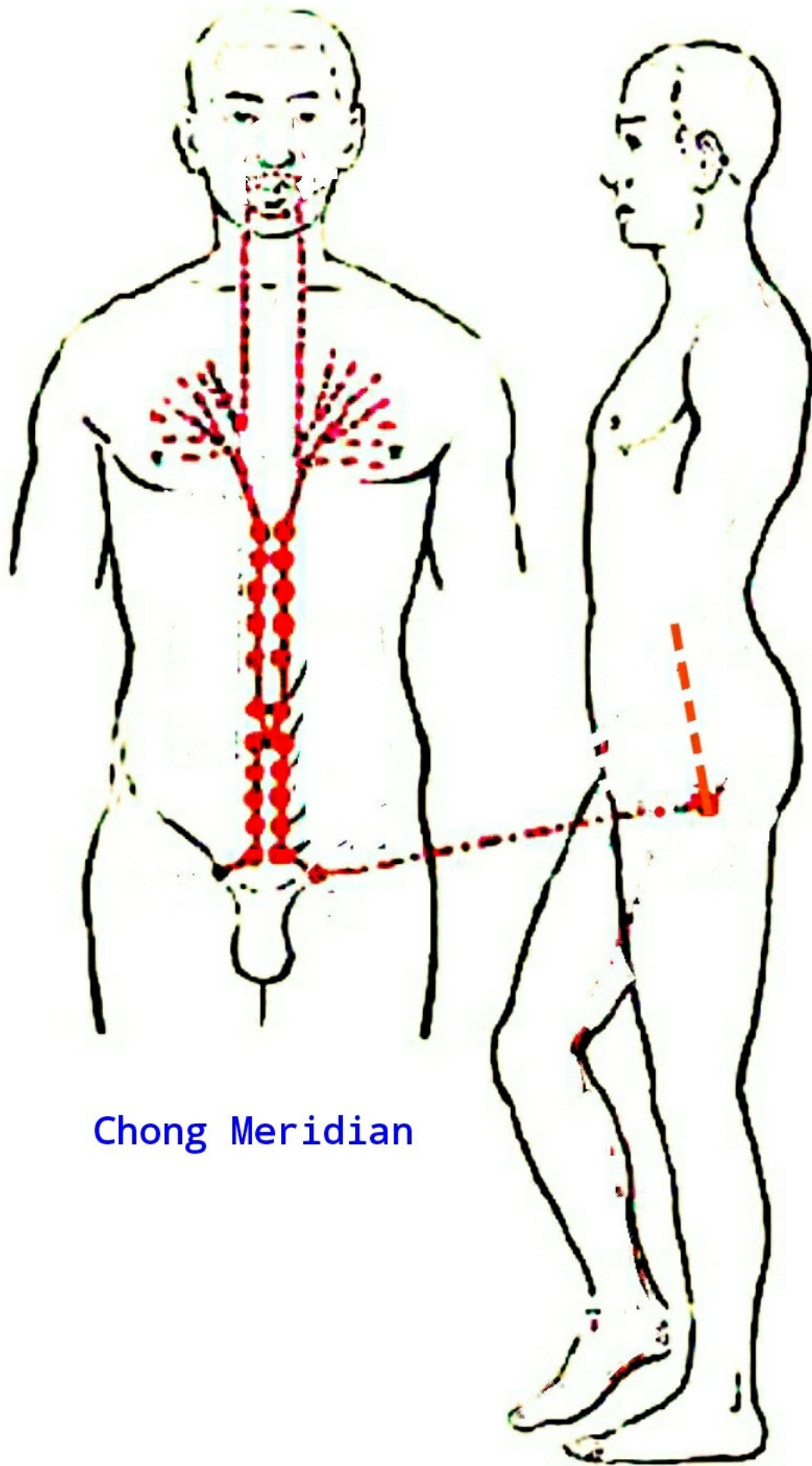






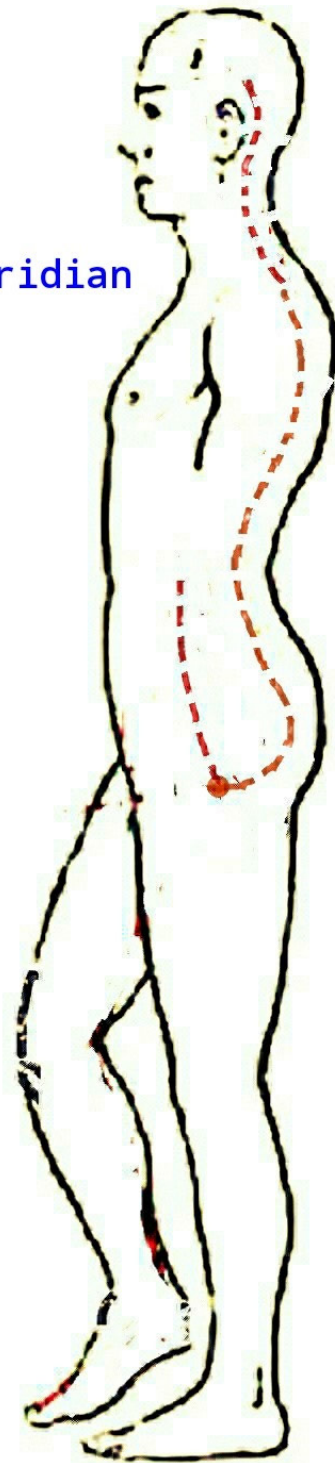
Ren Meridian





Chong Meridian

Ji Meridian



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