

## Chronic Inflammatory Axonal Polyneuropathy: A Challenging Case Report

**Kaoutar Simma<sup>1,2,\*</sup>, Kamal Haddouali<sup>1,2</sup>, Mariem Jalami<sup>1,2</sup>, Asmae Sikkal<sup>1,2</sup>, Hajar Khattab<sup>1,2</sup>, Salma Bellakhdar<sup>1,2,3</sup>, Hicham El Otmani<sup>1,2,3</sup>, Mohamed Abdoh Rafai<sup>1,2,4</sup> and Bouchra El Moutawakil<sup>1,2,3</sup>**

<sup>1</sup>Hassan II University of Casablanca, Faculty of Medicine and Pharmacy of Casablanca, Casablanca 20100, Morocco

<sup>2</sup>Department of Neurology, CHU Ibn Rochd, Casablanca, Morocco

<sup>3</sup>Laboratory of Genetics and Molecular Pathology, Faculty of Medicine and Pharmacy, Casablanca, Morocco

<sup>4</sup>Research Laboratory on Nervous System Diseases, Neurosensory Diseases and Disability, Faculty of Medicine and Pharmacy, Casablanca, Morocco

**\*Corresponding author:** Kaoutar Simma, Department of Neurology, CHU Ibn Rochd, Casablanca, Morocco; Hassan II University of Casablanca, Faculty of Medicine and Pharmacy of Casablanca, Casablanca 20100, Morocco

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### Abstract

Chronic Inflammatory Axonal Polyneuropathy (CIAP) is a rare immune-mediated disorder characterized by chronic axonal neuropathy, inflammatory features, and responsiveness to immunotherapy, distinct from the classical demyelinating pattern of Chronic Inflammatory Demyelinating Polyneuropathy (CIDP). Its relationship with acute axonal neuropathies such as Guillain-Barré syndrome remains poorly understood. We report the case of a 32-year-old woman initially diagnosed with acute motor-sensory axonal neuropathy (AMSAN) who achieved partial recovery after Intravenous Immunoglobulin (IVIg) therapy. Three years later, she relapsed with progressive limb weakness, cranial nerve involvement, and persistent axonal electrophysiology. Brain MRI showed contrast enhancement of cranial nerves. A second IVIg course resulted in marked clinical improvement. This case supports the existence of a continuum between acute axonal neuropathies and CIAP, and underscores the importance of recognizing immune-mediated mechanisms in relapsing axonal neuropathy to guide therapeutic decisions.

**Keywords:** Chronic inflammatory axonal polyneuropathy; CIAP; Axonal neuropathy; Guillain-Barré syndrome; AMSAN; Intravenous immunoglobulin; Immune-mediated neuropathy

### Introduction

Immune-mediated neuropathies encompass a broad spectrum of disorders affecting motor, sensory, and autonomic fibers of the peripheral nervous system [1]. These conditions range from acute monophasic entities such as Guillain-Barré Syndrome (GBS) to chronic progressive disorders including Chronic Inflammatory Demyelinating Polyneuropathy (CIDP) [1,2]. CIDP is classically defined by demyelinating features on nerve conduction studies, whereas axonal involvement is traditionally associated with Acute Motor-Sensory Axonal Neuropathy (AMSAN), a GBS subtype typically considered monophasic [1].

Emerging evidence, however, indicates that chronic immune-mediated neuropathies may present with predominant axonal involvement without electrophysiological demyelination. This entity, termed Chronic Inflammatory Axonal Polyneuropathy (CIAP), has been increasingly recognized as a distinct clinicopathological condition [3]. Unlike CIDP, CIAP exhibits inflammatory characteristics and responsiveness to immuno-

therapy despite the absence of demyelinating features [3]. Diagnostic criteria proposed by Oh et al. have further consolidated its recognition within the spectrum of immune-mediated neuropathies.

Cases initially presenting as acute axonal neuropathies and subsequently evolving into a relapsing or chronic course remain exceptionally rare. We report the case of a young woman initially diagnosed with AMSAN who later developed a relapsing course responsive to IVIg therapy, highlighting the diagnostic and conceptual challenges at the interface between acute and chronic inflammatory axonal neuropathies.

### Case Report

A 32-year-old woman with no significant medical history presented in December 2020 with a 4-week history of progressive ascending weakness involving all four limbs, associated with paresthesias, dysphagia, dysphonia, and bilateral facial diplegia. Neurological examination revealed flaccid tetraparesis, deep sensory impairment, preserved deep tendon reflexes, and

bulbar involvement. Nerve conduction studies demonstrated a sensorimotor axonal neuropathy consistent with AMSAN given the acute onset and non-length-dependent pattern. Cerebrospinal fluid (CSF) analysis was normal, and anti-GQ1b antibodies were negative. IVIg therapy was initiated on day 45 after symptom onset, the delay being attributable to late referral to our tertiary center, with gradual clinical improvement. Follow-up nerve conduction studies at 2 years showed a persistent sensorimotor polyneuropathy without demyelination, with active denervation signs (**Figure 1**).

In March 2024, she relapsed with limb heaviness, bulbar symptoms, gait impairment requiring assistance, steppage gait, and distal amyotrophy. Repeat nerve conduction studies confirmed persistent axonal involvement. Brain MRI demonstrated contrast enhancement of cranial nerves (**Figure 2**). Anti-ganglioside antibodies were not retested at the time of relapse due to logistical constraints; nerve biopsy was not performed as teasing preparations to detect focal demyelination were unavailable.

A second IVIg course administered on day 60 following relapse

onset resulted in marked clinical improvement. The patient has since remained clinically stable without maintenance therapy.

Discussion

CIAP represents a rare subtype within the spectrum of immune-mediated peripheral neuropathies [1]. The distinction between CIAP and CIDP is clinically relevant: CIDP is defined by electrophysiological demyelination, whereas CIAP is characterized by axonal neuropathy without primary demyelinating features and the presence of inflammatory markers [3,4]. Although the term "axonal CIDP" has been proposed, the designation CIAP may be more appropriate given the lack of definitive evidence that axonal damage is secondary to demyelination [4].

Clinically, CIAP usually presents as a slowly progressive sensorimotor neuropathy [3]. Proximal weakness and cranial nerve involvement, as observed in our patient, may also occur, suggesting that neurological dysfunction may extend beyond axonal degeneration through inflammatory mechanisms affecting nerve roots [1]. CSF protein elevation, reflecting proximal nerve inflammation, is a supportive criterion, though it lacks specificity to differentiate CIAP from CIDP [4].

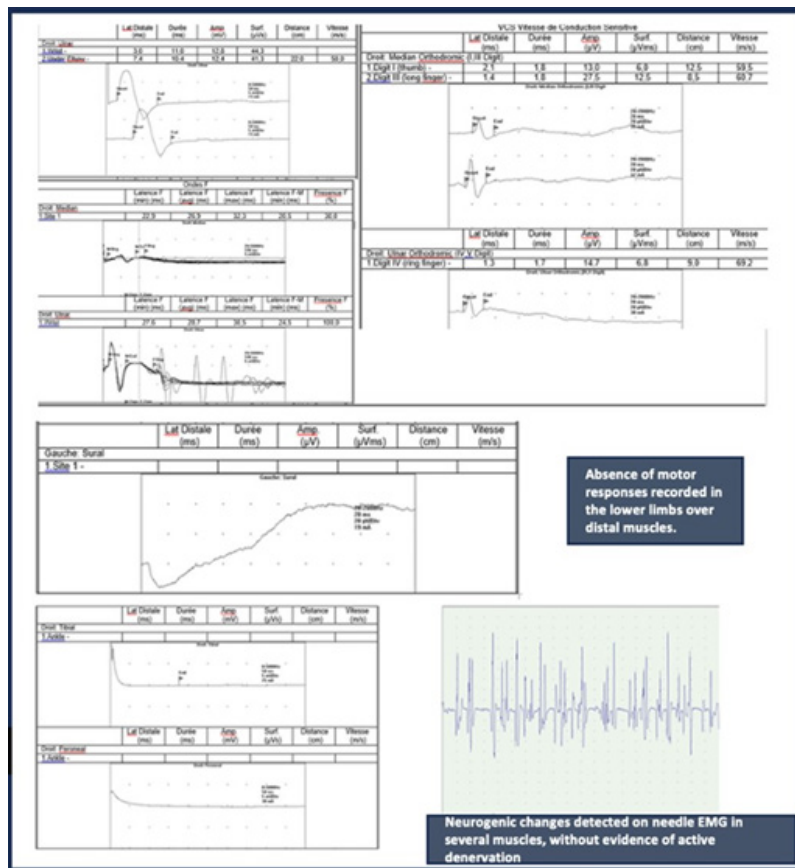


Figure 1: Follow-up ENMG at 2 years: sensorimotor polyneuropathy without evidence of demyelination.

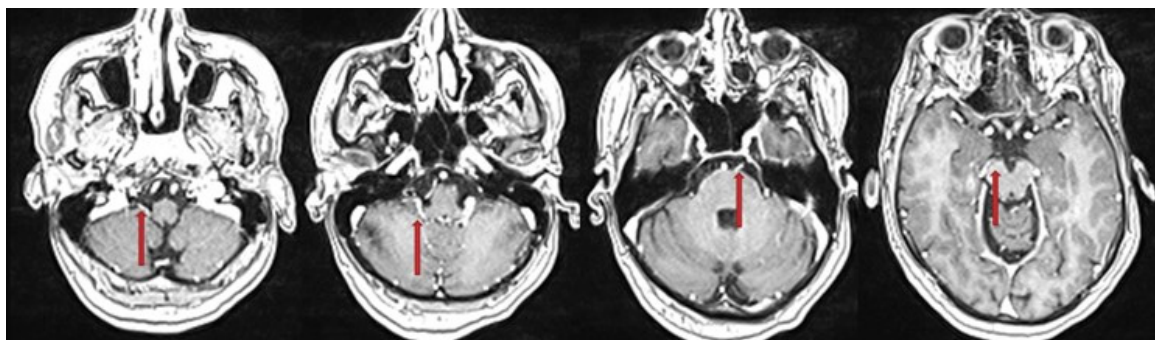


Figure 2: Brain MRI demonstrated contrast enhancement of cranial nerves.

*Box 1: Diagnostic criteria of CIAP proposed by Oh et al. [3].*

*All three mandatory criteria must be met:*

- Acquired, chronic progressive or relapsing symmetrical or asymmetrical polyneuropathy with duration of progression >2 months.
- Electrophysiological evidence of axonal neuropathy in at least two nerves without any evidence of strict criteria of demyelination.
- One supportive criterion: (a) high CSF protein (>55 mg/dL), or (b) inflammatory axonal neuropathy on nerve biopsy excluding diabetic or vasculitic neuropathy.

The diagnosis of CIAP requires a chronic or relapsing course exceeding two months, axonal electrophysiology in at least two nerves without demyelinating criteria, and at least one supportive criterion: CSF protein above 55 mg/dL or histopathological evidence of inflammatory axonal neuropathy on nerve biopsy [3,5]. The diagnostic criteria proposed by Oh et al. are summarized in Box 1. In our patient, the relapsing course, persistent axonal electrophysiology, and sustained IVIg responsiveness fulfilled these criteria, despite the absence of CSF protein elevation at onset and unavailability of nerve biopsy.

Other causes of inflammatory axonal neuropathy should be systematically excluded, including vasculitic, diabetic, and paraprotein-associated neuropathies [1,2].

Therapeutically, IVIg and corticosteroids remain the cornerstone of management, capable of stabilizing disease progression or improving neurological function [1,6]. Complete recovery appears less frequent than in demyelinating neuropathies, yet clinically meaningful improvement can be achieved [3]. The present case suggests that axonal dysfunction in CIAP may be at least partially reversible when inflammatory mechanisms are adequately controlled.

This case is notable for documenting the transition from AM-SAN to a relapsing CIAP-like phenotype, a trajectory that remains exceptionally rare in the literature [5]. It highlights the diagnostic challenge in settings where nerve biopsy with teasing preparations is unavailable, and underscores that delayed recognition of an immune-mediated mechanism may contribute to irreversible neurological disability [1,3]. In summary, this observation supports considering an immune-mediated etiology in patients with chronic or relapsing axonal polyneuro-

ropathy, as early immunotherapy may improve functional outcomes. Further multicenter prospective studies are required to validate diagnostic criteria and optimize therapeutic strategies for CIAP [4,5].

#### **Declarations**

**Competing interests:** The authors declare that they have no competing interests.

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