

Migration of Rod into the Posterior Cranial Fossa, After C1-C2 Laminar

Hooks Fusion: Case Report and Literature Review

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Received: February 04, 2021

Published: February 17, 2021

Abstract

Background: Posterior atlantoaxial fusion is a common surgical technique for the treatment of upper cervical spine disability. Although, Contemporary laminar hook-rod systems offer reliable rigid immobilisation of adjacent vertebrae in the upper cervical spine. However, it carries the risks of fracture or migration, with associated potential life-threatening complications.

Case presentation: Herein, we report a case of 56 YO women who underwent posterior cervical C1-C2 fusion using contemporary laminar-hooks for odontoid type II fracture. 6 weeks after surgery, a routine CT scan control, showed migration of the rod in the posterior fossa and perforation of the skull with a head pin placement, though the patient was asymptomatic. We decided to remove all the instruments, after surgery, the patient was doing well, CT scan control showed evidence fusion of the fracture, we concluded that the missing rod was not well locked and had perforated the occipital bone.

Keywords: Posterior atlantoaxial fusion; Cervical spine; Complication; Rod migration

Introduction

Posterior Atlantoaxial Fusion (PAAF) is used for the treatment of atlanto axial instability including trauma like odontoid fracture, congenital malformation like os odontoideum, rheumatoid arthritis, tumor, and infection [1].

Over the past decade, several techniques of PAAF have been described with improved safety profile, higher fusion rates, and superior clinical outcome [2].

However, there are various complications associated with PAAF that can negatively impact patient outcome [3].

In this paper, we describe an uncommon complication of rod migration into the posterior cranial fossa after PAAF using C1-C2 laminar hooks fusion.

Case Presentation

A 56 YO women with no medical history, presented cervical spine injury with no neurological impairment resulting from a traffic accident, Cervical CT Scan showed an Anderson-D'Alonzo Type II forward sloping odontoid fracture with anterior displacement and intact posterior C1 arch (Figure 1).

1 day after the injury, she underwent a C1-C2 posterior fusion using C1-C2 laminar hooks connected with two rods (Figure 2), followed by immobilization with a cervical collar for 6 weeks. The postoperative course was uneventful.

6 weeks later, at the follow up visit, checked CT scan revealed consolidation of the fracture and migration of the right rod into the posterior cranial fossa (Figure 3). Luckily the patient had

no neurological symptoms,

The patient had undergone the revision operation the day after; we decided to remove all the instruments because cervical CT Scan showed evidence of fusion across the odontoid fracture. The migrated rod was removed carefully.

Post-operative neck immobilization was emphasized to patient once more, and closed follow-up was planned.



Figure 1: Sagittal CT Scan showing Type II odontoid fracture.

Discussion

Odontoid fractures account for 9% to 15% of adult cervical spine fractures with the majority being type II fractures according to the Anderson and D'Alonzo classification [4].



Figure 2: Sagittal CT Scan following initial fusion.



Figure 3: CT Scan reconstruction showing rod migration into the posterior fossa.

In the elderly population, these fractures are the most common upper cervical spine fracture and, in the population, older than 80 years, the most common spine fracture of all.

These injuries usually result from hyperflexion or hyperextension of the cervical spine during low-energy impacts in the elderly or high-energy impacts in the young and middle aged. Neurologic injury associated with these fractures is rare [5-7]. The management of odontoid fractures is challenging, particular in the elderly. The objective is a rapid restoration of autonomy while limiting morbidity and mortality due to prolonged immobilisation [8].

Multiple factors determine the management of odontoid fracture, including fracture type, presence of associated fracture of the posterior elements, patient age and comorbidities. Generally, type I and type III injuries require non-operative treatment [9]. Type II often require surgical treatment, however there is no clearly consensus concerning the technique to use [10].

To overcome this pitfall, Roy-Camille proposed a classification based on the evaluation of the risk of displacement [11]: Type II with backward sloping or horizontal fractures can be managed by anterior screw fixation of the odontoid. The association with forward sloping fracture is an indication for posterior fusion [12].

Several techniques can be used for cervical posterior fusion, in the last decade, techniques based on instrumentation of lateral masses of C1/pedicles of C2 (Harms or Goel technique), and C1/C2 joints (Magerl's technique) became popular [13,14], However they are technically more demanding and have the added risk of serious complications; Vertebral artery injury is the most common complication [15].

In contrast to Harms and Magerl's techniques, posterior fixation with modern laminar claw hook-rod instrumentation is a

safe and effective technique with comparable results in terms of fusion and neurological improvement. Also, it is technically less demanding with a lower morbidity [16], but it requires intact posterior elements.

Regardless of specific methods and instruments, a variety of complications have been reported following posterior spine fusion. In a reports published by Lall et al. [17], the most commonly encountered perioperative complications were related to instrumentation failure after non-union. Other commonly encountered complications included injury to the vertebral artery, dural tears, and wound infection. But, the screw fracture after trans-pedicle screws and screw-rod constructs is very rare with no relevant article in the literature review [18].

A quite rare complication of rod migration into the posterior cranial fossa as shown in the present case, was reported by Chun et al. [19]. A similar case was also reported by Plant et Ruff [20]. The authors of both cases have no culprit that the migration of the rod was attributed to any operative technical errors.

In the current case, we conclude that the rod was not well locked, then eroded the occipital bone, and finally migrated into the posterior fossa.

Conclusion

Spine surgeons should be thoroughly informed that failure of assembled instrumentation failure can occur without obvious causes, thus long-term follow-up should be performed in order to identify any early migration.

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