

**Clinical Images** 

## A Magic Chest X-Ray: The Chinese Rings

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#### **Clinical Case**

Mrs. B, 86 years old, was hospitalized in the service for assessment of falls. The history of the falls was in favor of balance disorders, which were confirmed by the existence of a cerebellar syndrome at admission. Mrs. B. had no particular history and was not taking any medication. Cardiovascular examination was normal at admission. A routine chest X-ray showed the following appearance (Figure 1).

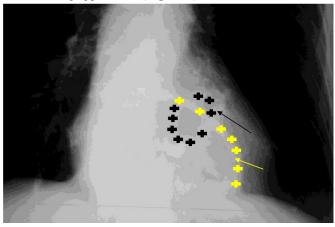


Figure 1: Frontal chest x-ray: Image evoking a Chinese ring formed by the intersection of the calcified mitral annulus (black arrow, drawn by black plus sign) and an annulus formed by a large hiatal hernia (yellow arrow, drawn by yellow plus sign).



Calcified mitral annulus

Hiatal hernia

Figure 2: Figures 1 et 2: Entanglement of two elliptical intersecting perpendicularly by the major axis.

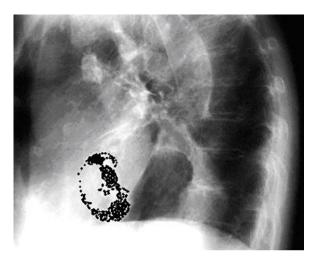
#### Discussion

The discovery of a calcified mitral annulus in an elderly subject is mainly the witness of a general atheromatous disease, as evidenced by the publications of Ix and Sgorbini [1,2] and its possible complications [3]. However, an observation concerning a young patient with Marfan's disease also reported the existence of massive calcification of the mitral annulus [4].

By retrospectively analyzing 24,380 echocardiograms, Mo-



Figure 3: Left profile chest x-ray: Elliptical ring which major axis is oriented upwards and forwards (Arrow).



*Figure 4: Left profile chest x-ray: visualization of the calcified mitral annulus by redrawing it.* 

haved et al [5] showed a prevalence of 6.1% of mitral annulus calcifications. These calcifications were more frequently found in cases of mitral regurgitation, tricuspid regurgitation, left ventricular hypertrophy and aortic stenosis, compared to patients without these valvular and/or cardiac structural anomalies.

The shape of the calcified annulus and its anatomical relationships confirm that it is a calcified mitral annulus. The second larger diameter annulus visible only from the front represents the gastric mucosa of a large hiatal hernia.

It should be noted that the biology of this patient was normal, in particular the renal function and the calcemia even corrected.

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#### **Authors Contribution:**

Otman Bouzouba: acquisition of data, drafting the article and literature revision, guarantor

Abdelouhhab Bazzout: acquisition of data and literature revision

#### Abla Khellaf: critical revision

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